

NEPAL DEMOGRAPHIC AND HEALTH SURVEY: Progress through 1996 to 2011

| Indicators | Item | 1996 NFHS | 2001 NDHS | 2006 NDHS | 2011 NDHS | 2015 MDG Targets |
|---|--------------|--------------|--------------|--------------|--------------|---------------------|
| Response Rates | Household | 99.6 | 99.6 | 99.6 | 99.4 | |
| | Women | 98.2 | 98.2 | 98.4 | 98.1 | |
| | Men | na | 96.1 | 96 | 95.3 | |
| FERTILITY | | | | | | |
| Total Fertility Rate (TFR) | National | 4.6 | 4.1 | 3.1 | 2.6 | |
| | Urban | 2.8 | 2.1 | 2.1 | 1.6 | |
| | Rural | 4.8 | 4.4 | 3.3 | 2.8 | |
| FERTILITY PREFERENCE | | | | | | |
| Percent women who want no more children or sterilized | | 59 | 69 | 71 | 87 | |
| FAMILY PLANNING | | | | | | |
| Contraceptive prevalence rate | National | 26 | 35.4 | 44.2 | 43.2 | 67 |
| | Urban | 45.1 | 56.3 | 54.2 | 49.8 | |
| | Rural | 24.3 | 33.2 | 42.5 | 42.1 | |
| | | | | | | |
| | Mountain | 16 | 27.3 | 35.9 | 43.1 | |
| | Hill | 26.9 | 32.7 | 40.8 | 40.6 | |
| | Terai | 26.6 | 38.6 | 48 | 45 | |
| MATERNAL HEALTH | | | | | | |
| Percentage with ANC from skilled provider | | 23.6 | 27.9 | 43.7 | 58.3 | |
| Percentage whose last live birth was protected against neonatal tetanus | | na | na | 78.1 | 76.9 | |
| Percentage delivered by Skilled provider | | 9 | 10.9 | 18.7 | 36 | 60 |
| Percentage delivered in health facility | | 7.6 | 9.1 | 17.7 | 28.1 | |
| CHILD HEALTH | | | | | | |
| Children 12-23 months receiving all vaccinations | | 43.3 | 65.6 | 82.8 | 86.6 | |
| Children 12-23 months receiving no vaccinations | | 20.2 | 0.9 | 2.7 | 2.9 | |
| Percentage children for whom advice or treatment was sought from health facility/provider | ARI Symptoms | 18.2 | 23.7 | 42.9 | 49.5 | |
| | Fever | na | 23.7 | 33.7 | 41.9 | |
| | Diarrhea | 13.8 | 21.2 | 26.9 | 38 | |
| Percentage given fluid from ORS packet during diarrhea | | 25.9 | 32.2 | 29.3 | 39 | |
| Percentage given ORT | | 28.6 | 46.5 | 40.7 | 44.9 | |
| Percentage given zinc | | na | na | 0.4 | 6.2 | |

| INFANT AND CHILD MORTALITY | | | | | | |
|--|--|------|------|------|------|----|
| Rates 0-4 years preceding the survey (per 1,000 live births) | Neonatal mortality | 50 | 39 | 33 | 33 | |
| | Post-neonatal mortality | 29 | 26 | 15 | 13 | |
| | Infant mortality rate | 79 | 64 | 48 | 46 | 34 |
| | Child mortality | 43 | 29 | 14 | 9 | |
| | Under-5 mortality rate | 118 | 91 | 61 | 54 | 54 |
| NUTRITION | | | | | | |
| Children 0-5 months exclusively breastfed | | na | na | 53 | 69.6 | |
| Children 6-9 months given complementary feeding | | na | 66.2 | 75 | 70.4 | |
| Nutritional status | Height-for-age | na | 57 | 49 | 41 | |
| | Weight-for-height | na | 11 | 13 | 11 | |
| | Weight-for-age | na | 43 | 38.6 | 28.8 | 29 |
| Anemia in children | Any anemia | na | na | 48.4 | 46.2 | |
| | Mild | na | na | 26.1 | 27.2 | |
| | Moderate | na | na | 21.7 | 18.5 | |
| | Severe | na | na | 0.6 | 0.5 | |
| Anemia in women | Any anemia | na | na | 36.2 | 34.7 | |
| | Mild | na | na | 29.4 | 28.7 | |
| | Moderate | na | na | 6.3 | 5.6 | |
| | Severe | na | na | 0.4 | 0.3 | |
| Households using adequately iodized salt | | na | na | na | 80 | |
| HIV/AIDS | | | | | | |
| Heard of AIDS | Women | 26.8 | 49.6 | 72.6 | 86.3 | |
| | Men | na | 71.7 | 91.7 | 96.8 | |
| | Among women | | | | | |
| Knowledge on preventive methods | Using condoms | na | 32.6 | 58.3 | 74.2 | |
| | Limiting sex to one uninfected partner | na | 36.9 | 64.6 | 78.8 | |
| | Among men | na | | | | |
| | Using condoms | na | 62.5 | 83.5 | 89.4 | |
| | Limiting sex to one uninfected partner | na | 54.3 | 82.6 | 89.2 | |
| Multiple sexual partners: Men | Percentage who had 2+ partners in the past 12 months | na | na | 2.8 | 3.8 | |
| | Mean number of sexual partners in lifetime | na | na | 2 | 2.5 | |
| DOMESTIC VIOLENCE | | | | | | |
| Physical violence | Ever experienced | na | na | na | 33.6 | |
| | Often in last 12 months | na | na | na | 1.9 | |
| | Sometimes in last 12 months | na | na | na | 7.3 | |
| | Any violence | na | na | na | 9.2 | |